

South Tees Local Delivery Pilot

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Middlesbrough Environment City

- Independent charity and company limited by guarantee – with its own Board of Directors.
- Work closely with Middlesbrough Council and community partners on promoting healthy and sustainable living.
- Using the ten principles of One Planet Living to promote sustainable living in Middlesbrough.



The Ten Principles of One Planet Living

	Health and happiness Encouraging active, sociable, meaningful lives to promote good health and wellbeing
	Equity and local economy Creating safe, equitable places to live and work which support local prosperity and international fair trade
	Culture and community Nurturing local identity and heritage, empowering communities and promoting a culture of sustainable living
	Land and nature Protecting and restoring land for the benefit of people and wildlife
	Sustainable water Using water efficiently, protecting local water sources and reducing flooding and drought

	Local and sustainable food Promoting sustainable humane farming and healthy diets in local, seasonal organic food and vegetable protein
	Materials and products Using materials from sustainable sources and promoting products which help people reduce consumption
	Travel and transport Reducing the need to travel, and encouraging walking, cycling and low carbon transport
	Zero waste Reducing consumption, reusing and recycling to achieve zero waste and zero pollution
	Zero carbon Making buildings and manufacturing energy efficient and supplying all energy with renewables



The Five Themes

- Tackling climate change and reducing the use of resources.
- Promoting healthy lifestyles.
- Sustainable transport.
- Heritage and physical environment.
- Education and awareness-raising.



What are Local Delivery Pilots?

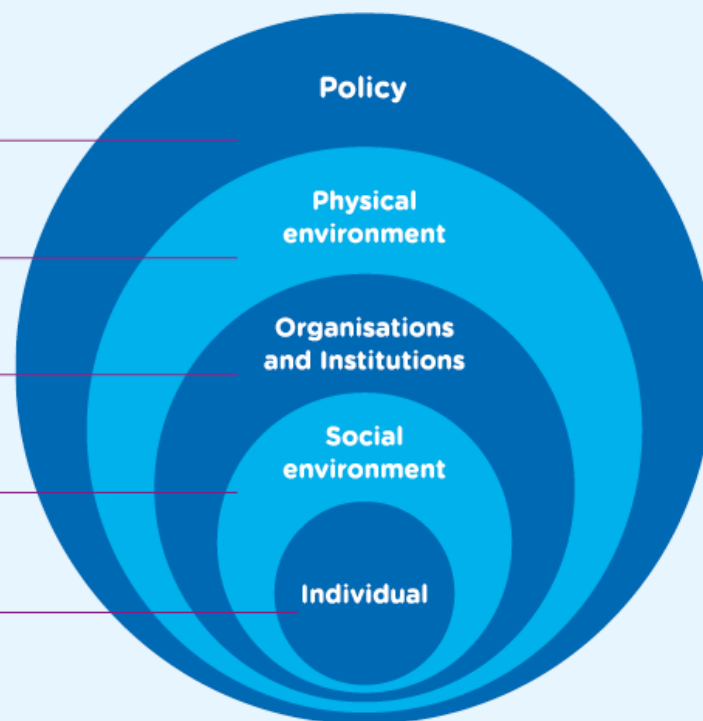
- Four year programme funded by Sport England to take a population wide approach to increasing physical activity.
- The Sport England Local Delivery Pilots must demonstrate a **shift from well-meaning, isolated interventions, to a whole-systems approach, particularly in getting those least active more active.**
- Total of £130m funding across 12 localities in England over the four years.
- A new approach to developing and delivering programmes of activity that address complex issues.
- Using a “Test and Learn” approach.
- In the bidding process, didn’t ask us about interventions - focus on values, changing whole systems, capacity building, distributed and collaborative leadership and sustainability.



Whole System Approach

Population level change requires 'whole system' approaches

- > International and national guidance and laws, local laws and policies, rules, regulations, codes
- > Built, natural, transport links
- > Schools, health care, businesses, faith organisations, charities, clubs
- > Individual relationships, families, support groups, social networks
- > Individual capabilities, motivations, opportunities, knowledge, needs, behaviours



South Tees LDP

- South Tees LDP covers the Unitary Authorities of Redcar and Cleveland and Middlesbrough.
- Redcar and Cleveland Borough Council is the lead organisation for the proposal.
- Partnership developed as part of the bidding process – this is still evolving.
- Currently in a nine month development phase – two main elements were identified in the proposal.



South Tees LDP

- The **first element** across the whole of South Tees outlines four specific “communities of interest”, hidden across the whole area and not geographically defined:
- People waiting for some types of surgery, because we know that physical activity before surgery can improve their outcomes and surgery can be a “teachable moment” for changing behaviour.
- People with diabetes or at risk of developing the condition, as physical activity may reduce the risk or help ease the effects of the condition.
- People accessing commercial weight loss services, as these often look more at changing eating habits rather than increasing physical activity.
- Working with health professionals, to build the understanding of the benefits of “prescribing” physical activity, making it easier to do and increasing the range of options in our communities.



South Tees LDP

- The **second element** takes a whole community approach to increasing physical activity in four of the wards across the boundary of the two boroughs, Grangetown, South Bank, North Ormesby and Thorntree & Brambles.
- These wards were identified because of significant levels of need and an understanding that physical activity could contribute to meeting those needs.
- The potential benefits include: a reduction in health inequalities; the opportunities provided by existing physical and community assets; and new developments in the pipeline.



Development Phase

- Each strand is being developed in a slightly different way.
- All are committed to a development phase that endeavours to get to the real issues around physical inactivity and address them.
- The Development Phase will produce data and insight that will have wide applicability in the design of interventions.



Tees Valley Nature Partnership

- Are there any linkages between the SE LDP and the Tees Valley Nature Partnership?
- How might the work of the TVNP and its membership organisations contribute to the delivery of the LDP?
- How can we best ensure good communication moving forward?

